


Research Article

Cortical Activation Reorganization of Cerebral Regions in Charcot–Marie–Tooth Patients: A Task-state Functional Magnetic Resonance Imaging Study

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Abstract

Background: Evidence of altered brain functional activation in response to different tasks has been reported in some peripheral neuropathies. The aim of this study was to investigate possible central nervous system modifications using task-state Functional Magnetic Resonance Imaging (fMRI) in Charcot–Marie–Tooth patients.

Methods: A design of ankle dorsiflexion-plantarflexion and fist clenching paradigm was adopted at a frequency of 1 Hz in the fMRI portion in CMT patients and healthy controls. We acquired 3.0T MRI brain scans. The brain activation MR signals were recorded and a paired voxel-wise t-test was performed. The correlations between fMRI measurement and clinical variables were calculated.

Results: Compared with control group during the ankle dorsiflexion-plantarflexion movement, the voxel-wise independent sample t-test revealed that the CMT patients demonstrated statistically more activation of the contralateral precentral gyrus (M1, $t=5.01$, $P<0.001$), supplementary motor area (SMA, $t=4.58$, $P=0.038$), postcentral gyrus (PCG) ($t=4.46$, $P=0.031$), and ipsilateral PCG ($t=4.14$, $P=0.002$), temporal lobe (TL) ($t=4.73$, $P<0.001$). A significant positive correlation emerged between the CMTNS and increased activated voxels with SMA ($r=0.71111$, $P<0.001$), with a significant negative correlation between handgrip strength and increased activated voxels with SMA ($r=-0.7073$, $P<0.001$).

Conclusion: This study demonstrated the differences of cortical activation in CMT patients during ankle dorsiflexion-plantarflexion movement and its correlation with clinical severity. These findings give further understanding of the potential mechanism in central nervous system underlying the peripheral nerve pathology in CMT patients, and lay the foundation for longitudinal research and further mechanism investigation.

Keywords: Charcot-Marie-Tooth disease; Functional magnetic resonance imaging; Cortical activation, Peripheral nervous system diseases

Introduction

Charcot-Marie-Tooth Disease (CMT) also known as Hereditary Motor and Sensory Neuropathy (HMSN) is among the most common hereditary peripheral neuropathies [1], which are a genetically and phenotypically heterogeneous group of disorders [2,3]. This disease affects approximately 1 in 2000 individuals and decreases quality of life [4-6]. Typical clinical characteristics of CMT are muscle weakness, wasting, and sensory loss with

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a distal predominance [7,8]. This symptom is most evident in the lower limbs and slowly progresses in a length dependent manner [9]. CMT is classically divided into two types: the more common type I, the demyelinating form, characterized by a slow Nerve Conduction Velocity (NCV), and type II, the axonal form, with only normal or slightly reduced NCV but mainly reduced amplitude of motor and sensory responses in neurographic recordings [9]. Conventionally, the diagnosis of CMT is based on a combination of clinical features, Nerve Conduction Studies (NCS) Electromyography (EMG) and genetic testing [8,10], but it may go unrecognized before overt clinical features such as pes cavus or hammer toe become evident because of its insidious onset [2,11].

Neuropathological studies show a distal damage consisting in segmental demyelination and remyelination, axonal degeneration, and Schwann cell proliferation in the form of onion bulbs [12]. Although CMT is primarily a peripheral nervous system disease, Central Nervous System (CNS) involvement have been anecdotally reported in different forms of CMT [13,14], including patients with peripheral myelin protein 22 (PMP22) duplication [15,16]. The duplication of PMP22 was confirmed to be the genetic aetiology of CMT1A [17]. However, PMP22 is also expressed in the Central Nervous System (CNS) [18], which implies the involvement of that system in CMT1A. Along with these anecdotal reports, previous studies demonstrated slight structural modifications in the CMT1A brain [19,20]. Furthermore, evidence of altered brain functional activation in response to different tasks has been reported in other peripheral neuropathies [21,22], along with modifications of resting-state networks, extending beyond the solely sensorimotor network involvement [23,24].

In a fMRI study, Pontillo et al. [20] showed evidence of structural reorganization in the brain of CMT1A patients, mostly involving the anterior cerebellum and possibly reflecting compensatory mechanisms in response to peripheral nerve pathology. Moreover, another study [25] have reported that diffuse functional reorganization involving multiple large-scale networks in the CMT1A brain, independent of structural abnormalities and partially correlating with peripheral nerve damage and functional impairment. Nevertheless, conclusions regarding the change of supraspinal control in CMT patients remain controversial, and the underlying mechanism of how the motor cortex excitability affects neuromuscular function remains unclear.

In the present study, we intended to investigate differences in cortical activity during active ankle and hand movements between CMT patients and healthy controls, using task-state functional MRI, exploring the brain plasticity and providing more information regarding the relationship between CMT and central nervous system modifications. In addition, we explored the possible functional impact of these changes, correlating fMRI findings with clinical measurements.

Materials and Methods

Subjects

In this prospective cross-sectional study, from June 2019 to June 2021, we enrolled symptomatic patients with genetically diagnosed CMT along with a group of age- and sex-comparable healthy volunteers. Exclusion criteria for both groups were as followed: (1) a history of previous surgeries to the musculoskeletal structures (i.e., bones, joint structures and nerves) or a fracture requiring realignment in either lower extremity. (2) acute injury to the musculoskeletal structures of other joints of the lower extremity in the previous 3 months, which impacted joint integrity and function (i.e., sprains, fractures) resulting in at least 1 interrupted day of desired physical activity. (3) central nervous system diseases, muscular diseases and other conditions that may have influences on ankle and hand movements. (4) confirmed or suspected history of cardiopulmonary failure. (5) psychiatric disorders. (6) concurrent and contraindications to investigation by MRI. (7) the presence of other relevant neurological, psychiatric or systemic conditions that could affect peripheral nerves or CNS.

The current study was conducted in accordance with the Declaration of Helsinki, and all study procedures were carried out with adequate understanding and written consent of the participants. Formal approval from the Huashan Hospital Institutional Review Board was obtained before study initiation.

Clinical and electrophysiological evaluation

On the same day of the fMRI examination, CMT patients underwent clinical and electrophysiological examinations mainly oriented toward the assessment of motor and sensory domains. All the participants were strongly right-footed and right-handed based on participant self-review. Charcot-Marie-Tooth Neuropathy Score (CMTNS, second version) [26], considered as a global measure of clinical disability and defined as the sum of two distinct sub scores: the CMT Examination Score (CMTES), rating the patients' symptoms and signs, and the CMTNS neurophysiological component, based on the assessment of ulnar Compound Motor Action Potential (CMAP) and radial Sensory Action Potential (SAP) on the non-dominant side as objective indexes of peripheral axonal damage. The total score ranges from 0 (no disability) to 36 (maximum disability). The scores of CMTNS were recorded to evaluate the ankle function. Moreover, a hand-held dynamometer was used to measure the hand-grip strength [27].

Design and motor paradigm

A short block design for ankle and hand movements was performed in the fMRI portion of the study. During the motor scans, the CMT patients were asked to execute two motor

tasks: (1) ankle dorsiflexion-plantarflexion (2) fist clutching. As a control, the healthy volunteers were asked to perform the two tasks in the same way. Each experimental session consisted of three active ankle movements and three active fist clutching functional runs. The run order was counterbalanced across participants. Prior to scanning, subjects were trained the basic ankle dorsiflexion, plantarflexion and fist clutching movements until comfortable with the tasks. All ankle and hand movements were done with the left side.

During the ankle task, the participant's left foot was firmly placed in a pedal of a special single-plane manipulator. And padding was placed under the popliteal fossa so the knee and hip joints were flexed about 20° each. The manipulator allowed for 15° of plantarflexion to 15° of dorsiflexion of ankle, with 0° defined as the foot perpendicular to the leg. Previous fMRI studies demonstrated that participants can complete similar ankle movement paradigms without muscle co-activation [28]. Likewise, participants performed a dynamic isometric fist clutching task with their left hands. And during the first clutching task, each participant completed it by squeezing the same grip ball [29].

The beginning and completion of each section was communicated to the participants by visual instructions from a screen. For each stimulus presentation within a run, all the participants were instructed to see a series of 30 shining points presented at 1 Hz, and then performed the tasks at the same frequency as the shining points. All participants performed the motor tasks outside the scanner in order that they might be observed for the presence of associated movements and no movements of other limbs. During a continuous scanning session, subjects performed ankle movements/ fist clutching in blocks of 30 s, alternating with 30 s rest. A total of 3 blocks of ankle movements/ fist clutching and 3 rest blocks were performed per session, resulting in 90 task sets and 90 rest sets. The duration of each functional run was 192s (Figure 1).

FMRI data acquisition

All imaging data were obtained with a 3.0T GE Signa VH/I 3.0-T scanner (GE Healthcare, GE Asian Hub, Shanghai, China) equipped with 32-channel head coil. Their heads were immobilized by a pair of cushions that were fastened on both sides of the head to minimize head movements. Functional imaging (fMRI) data were measured with an echo-planar imaging sequence (TR/TE = 3000/35ms, FOV = 240 × 240 mm, 43 axial slices, acquisition matrix = 64 × 64, voxel size = 3.4 × 3.4 × 3.2 mm, flip angle = 90°). Structural imaging data were acquired with a multi-echo MPRAGE T1-weighted

pulse sequence (TR /TE = 1000/5ms, TI = 1200ms, flip angle = 200°, FOV = 240 × 240, acquisition matrix = 256 × 256, sagittal acquisition, spatial resolution = 1 × 1 × 1mm³, interslice space = 0 mm).

FMRI data analysis

The image data were analyzed with the Statistical Parametric Mapping Program (SPM 12, Wellcome Institute for Imaging Neuroscience, London, UK) implemented in MATLAB (MathWorks, Natick, MA). The EPI of each individual was realigned to the first image for each sequence separately for interscan movement artifacts. The aligned functional images from all sessions were normalized by DARTEL to the Montreal Neurological Institute (MNI) standard brain in order to report MNI coordinates. Finally, the images were spatially smoothed using a 6mm Full-Width-at-Half-Maximum (FWHM) Gaussian kernel. We made boxcar analysis with T-contrast for all sessions of every subject and retained only voxels for a p-value of 0.05 at voxel level with FDR (false discovery rate) correction for single-subject analysis. Statistical comparisons between groups regarding the two movements were performed with a p-value of 0.05 at voxel level with FDR.

Statistical analysis

The correlation analysis was performed between the clinical variables (CMTNS scores, hand-grip strength) and the activated voxel value in the cerebral regions with significant activation differences in addition to fMRI analysis. The voxels were extracted by WFU pickatlas tool and kept the same resolution and voxel size as the functional images. The so obtained residuals were standardized and their relationship with CMTNS scores and the hand-grip strength was assessed via Spearman rank correlation test. All the statistical analyses were conducted on SPSS (version 21) and P<0.05 was considered to be statistically significant.

Results

Subjects

A total of 21 (M/F 16/5) CMT patients aged 25.6 ± 5.4 years (range, 9-40 years), with average Body Mass Index (BMI) of 18.45 kg/m² (range: 15.6-25.2kg/m²), were enrolled in the patient group between September 2019 and September 2021 from Huashan hospital, Fudan university, Shanghai, China. A group of 21 age- and sex-comparable healthy volunteers (27.8 ± 8.5 years; M/F 16/5) were enrolled as control group. The mean CMTNS of the patients was 9.92



Figure 1: The task-state fMRI scanning process for each participant. D-P: Dorsiflexion- Plantarflexion, R: Rest, FC: Fist Clutching.

(standard deviation 3.53). The average handgrip strength of the patients was 26.70 ± 17.65 (range 13.6–42.7). All the patients did not complain of any auditory, visual or cognitive symptoms except sensorimotor deficits. The demographic data was shown in Table 1.

Between-group fMRI analysis

Comparisons of ankle dorsiflexion-plantarflexion activation between two groups

Compared with control group during the ankle dorsiflexion-plantarflexion movement, the voxel-wise independent sample t-test revealed that the CMT patients demonstrated statistically more activation of the contralateral precentral gyrus (M1, $t=5.01$, $P<0.001$), Supplementary Motor Area (SMA, $t=4.58$, $P=0.038$), Postcentral Gyrus (PCG) ($t=4.46$, $P=0.031$), and ipsilateral PCG ($t=4.14$, $P=0.002$), Temporal Lobe (TL) ($t=4.73$, $P<0.001$). In addition, the CMT patients

activated more limbic lobe (cluster of 135 mm^3), but there was no statistically significant difference compared with control group ($t=2.03$, $P=0.932$). The activation maps were created to delineate cerebral regions exhibiting activation difference between the CMT group and the control group during ankle dorsiflexion-plantarflexion movement (Figure 2, Figure 3 and Table 2).

Based on the voxel-wise independent sample t-test, the maximum signal intensity for the CMT group during ankle dorsiflexion-plantarflexion movement was mainly located in left paracentral lobule, SMA (cluster of 631 mm^3). Moreover, across the whole cerebrum, the control group activated relatively larger voxel in these cortical regions, including left M1, SMA, paracentral lobule (cluster of 2008 mm^3), and PCG (cluster of 594 mm^3).

Across other cortical regions, both the CMT patients and control group activated several regions without statistically significant difference, including right cerebellum anterior lobe

Table 1: Demographic data of all the subjects included in the study.

	CMT	Control	P value
Number	21	21	-
Gender (Male/Female)	16M / 5F	16M / 5F	1.000 ^a
Age (Y)	25.6 ± 5.4	27.8 ± 8.5	0.742 ^b
BMI (kg/m^2)	18.45 ± 4.22	20.82 ± 2.47	0.219 ^b
CMTNS score	9.92 ± 3.53	0	$<0.001^b$
Handgrip strength (N)	26.70 ± 17.65	53.64 ± 12.83	$<0.001^b$

^aPearson Chi-Square value, ^bindependent t-test. Data are shown as mean \pm SD
CMT: Charcot-Marie-Tooth; CMTNS: Charcot-Marie-Tooth Neuropathy Score; BMI: Body Mass Index

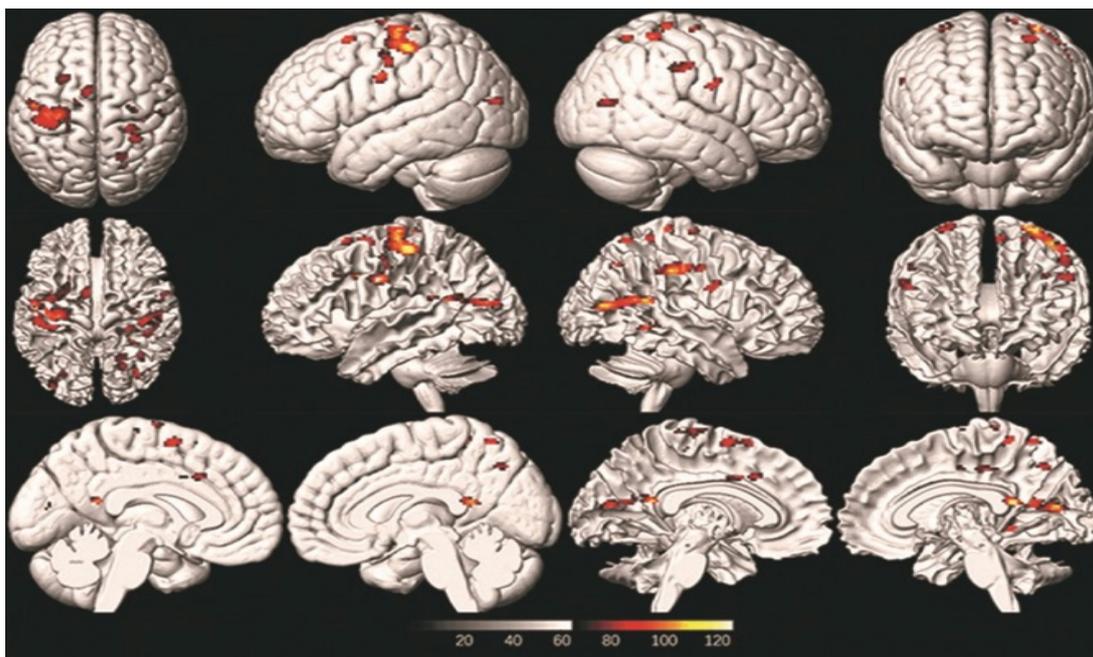


Figure 2: The cerebral regions with significantly greater activation during active ankle dorsiflexion-plantarflexion movement in CMT patients compared to healthy people ($P<0.05$, cluster $> 100 \text{ mm}^3$ across cerebral volume)

and brain stem. Besides, the ankle dorsiflexion-plantarflexion of CMT patients was also associated with right cerebellar anterior lobe (cluster of 329 mm³), medial frontal gyrus (cluster of 631 mm³). However, the voxel-wise independent sample t-test did not show statistically significant difference between the two groups in these cerebral areas except for SMA, which indicated that the changes of contralateral paracentral lobule, ipsilateral cerebellum anterior lobe and lingual cerebellum may not be the influencing factors for CMT.

Comparisons of fist clenching activation between two groups

When looking at the cortical activation of fist clenching paradigm, no significant differences were observed in CMT patients compared to control group. The independent t-test was not statistically significant across four ROIs: left insula ($t=2.72$, $P=0.306$), inferior front gyrus ($t=2.77$, $P=0.383$), inferior parietal lobule ($t=-2.41$, $P=0.376$), and middle temporal gyrus ($t=-2.41$, $P=0.762$) (Figure 4 and Table 3). In addition, the fist clenching movement of CMT patients also activated other cortical regions, including right cerebellum anterior lobe, PCG, as well as the left brain stem, medial frontal gyrus and SMA. The significantly activated cerebral

regions during ankle dorsiflexion-plantarflexion and fist clenching movements in CMT and control group were shown in Table 4.

Relationship between cerebral activation changes and clinical parameters

According to the fMRI measurements, the number of significant voxels in the primary motor area and SMA was calculated. When investigating the clinical relevance of the observed cerebral activation changes, a significant positive correlation ($r=0.71111$, $P<0.001$) was found between the CMTNS score and the activated voxels of SMA. Furthermore, a significant negative correlation was found between the handgrip strength and the activated voxels in SMA ($r=-0.7073$, $P<0.001$) (Figure 5).

No significant correlations emerged between the CMTNS score or handgrip strength and the activated voxels of the primary motor area.

Discussion

CMT is a large group of disorders with a wide range of clinical presentations and abnormalities. First reported in 1886, the disease has been found to affect 1 in 2500-3300

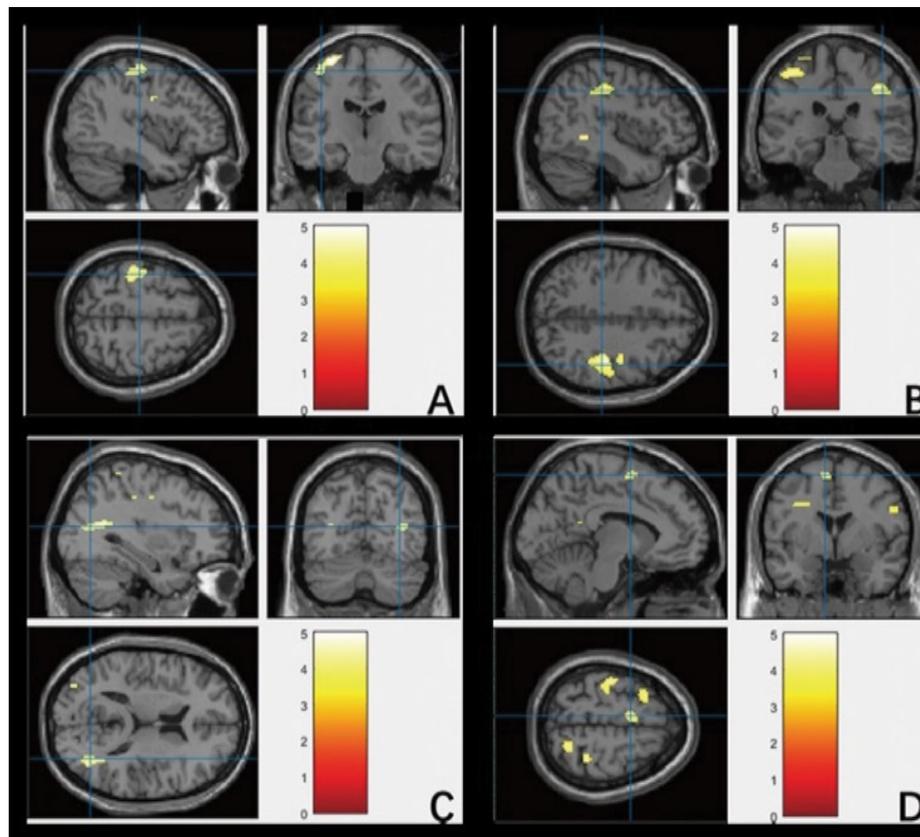


Figure 3: Regions with greater activation during active ankle dorsiflexion-plantarflexion movement in CMT patients compared with control participants. A: Right Precentral Gyrus (M1); B: Left and right Postcentral Gyrus (PCG); C: Left Temporal Lobe (TL); D: Left and right Supplementary Motor Area (SMA).

Table 2: Significantly activated cerebral regions during ankle dorsiflexion-plantarflexion paradigm (FWE corrected <0.05).

Regions	Side	BA/ subregion	Peak MNI coordinates			Volume (mm ³)	T
			x	y	z		
Control vs. CMT							
Precentral gyrus	L	BA4	-32	-18	68	1927	5
Postcentral gyrus	L	BA3	-42	-20	60		4.5
Sub-gyral	L	BA6	-32	-6	34		4.4
Temporal lobe	R	BA22	34	-58	16	1278	4.7
Middle temporal gyrus	R	BA21	22	-46	16		4.6
Middle occipital gyrus	R	BA18	34	-44	18		4.3
Medial frontal gyrus	L	BA10	-18	52	-4	48	3.8
Front lobe	R	BA9	38	-26	40	831	4.7
Postcentral gyrus	R	BA3	36	-10	42		4.1
Supra Marginal	R	BA2	44	-28	52		3.7
SMA	L	BA6	-8	0	62	299	4.6
Middle frontal gyrus	L	BA9	-28	14	62		4
Precentral gyrus	R	BA2	28	-34	72	233	4.9
Somatosensory association cortex	R	BA5	30	-42	64		4.7
Superior frontal gyrus	L	BA9	-6	14	66		3.6
Superior parietal lobule	R	BA7	20	-58	62	88	4.2
Precuneus	R	BA7	20	-66	44		4
Precentral gyrus	R	BA4	28	-16	70	40	4
Insula	L	BA13	-46	2	14	18	3.7
Temporal lobe	R	BA22	40	-44	-2	88	4.8
Precentral gyrus	R	BA4	52	-4	26	156	4
Cerebellum posterior lobe	R	NA	12	-64	-28	9	3.5

NA: not available; Non-relevant signal in ventricles or near an area of sinus drainage was not interpreted.

Table 3: Significantly activated cerebral regions during ankle dorsiflexion-plantarflexion and fist clenching movements in CMT and control group (FWE corrected <0.05).

Regions	Side	BA/ subregion	Peak MNI coordinates			Volume (mm ³)	T
			x	y	z		
Control vs. CMT							
Inferior front gyrus, triangular part	R	BA10	50	26	16	146	3.29
Inferior front gyrus	R	BA10	46	40	20		2.77
Extra-nuclear	R	BA 30	26	18	14	200	3
Caudate	R	NA	20	26	12		2.94
Insula	R	BA13	28	30	14		2.72
Extra-nuclear	L	BA30	-18	24	16	89	2.77
Sub-gyral	L	BA6	-28	18	14		2.57
Parietal lobe	L	BA7	-36	-42	58	150	-2.4
Inferior parietal lobule	L	BA7	-34	-46	50		-2.41
Postcentral gyrus	L	BA3	-44	-44	56		-2.41
Insula	L	BA13	-34	-8	14	20	2.61
Middle temporal gyrus	L	BA21	-50	-68	26	22	-2.41

NA: not available; Non-relevant signal in ventricles or near areas of sinus drainage was not interpreted.

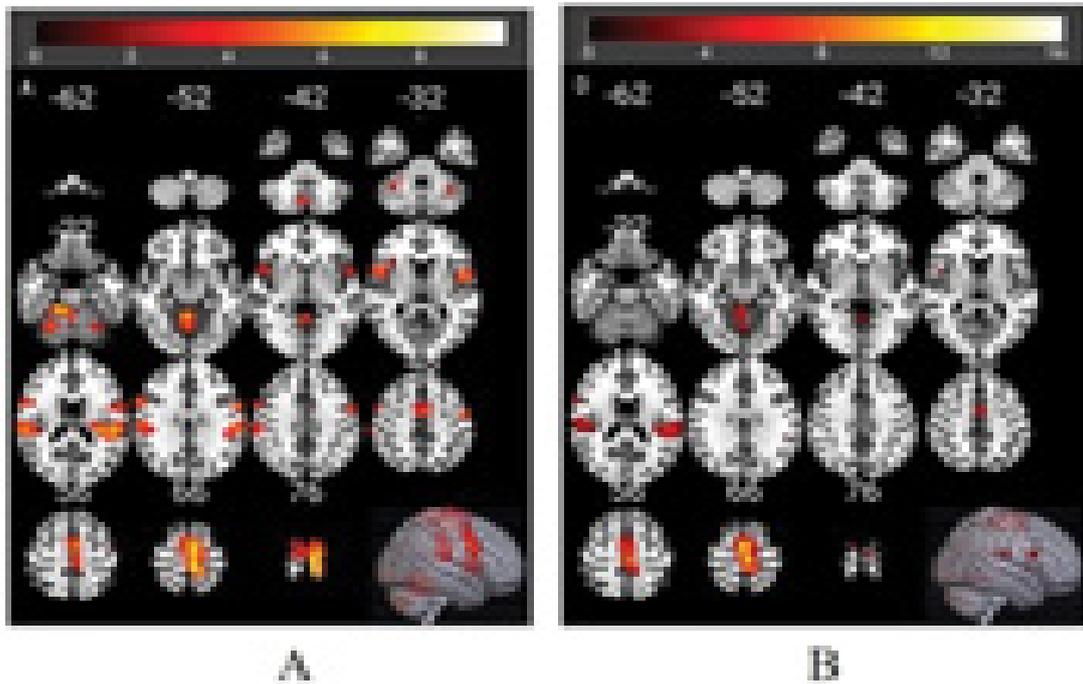


Figure 4: The activation pattern in CMT patients and healthy subjects during fist clenching movements. Cerebral activation pattern in healthy subjects (A); Cerebral activation pattern in CMT patients (B): The color bar is used to define the activation of the voxels. Red-yellow suggests a positive activation in the brain area. The numbers in the figures correspond to the slice numbers in the CH2 brain template.

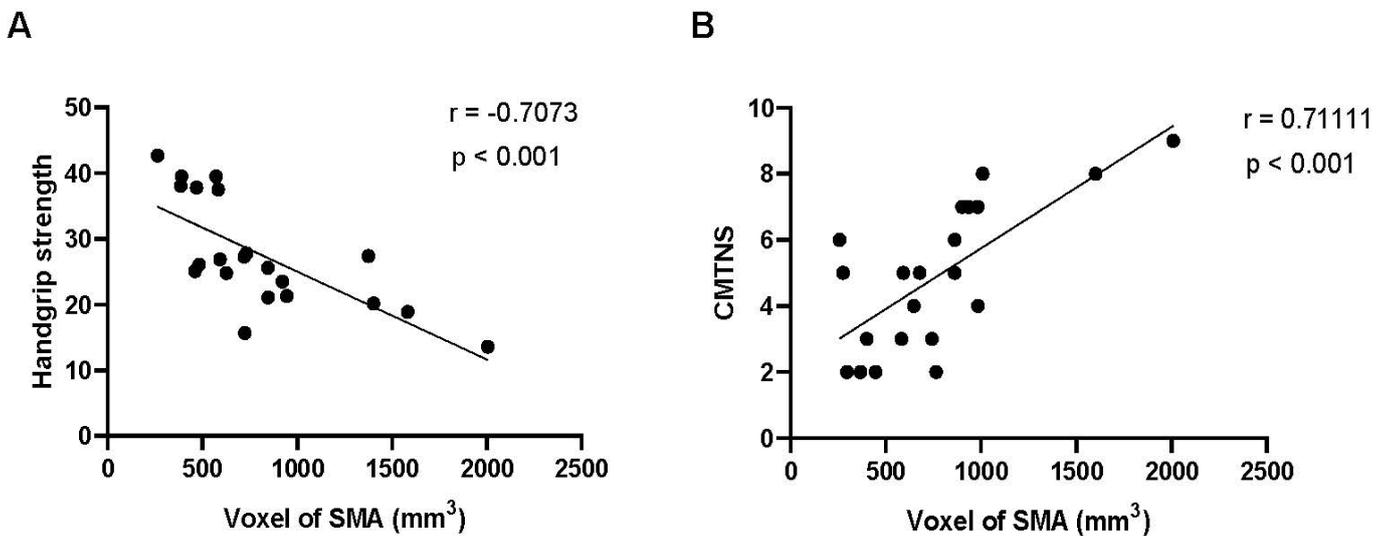


Figure 5: The scatter diagram and fitting line of correlation analysis between the number of significant voxels extracted from the SMA of increased activation in CMT patients and handgrip strength [(A); $r = -0.7073$, $p < 0.001$] and CMTNS [(B); $r = 0.71111$, $p < 0.001$] values, respectively. CMTNS: Charcot-Marie-Tooth Neuropathy Scorime; SMA: Supplementary Motor Area.

people and is linked to numerous gene mutations, resulting in over 25 subtypes [17,30,31]. Despite evidence of brain involvement in some forms of CMT [32,33], and, more widely, in other peripheral neuropathies [23,34,35], CMT is commonly considered as a purely peripheral nervous system disease. Indeed, PMP22 is produced primarily by Schwann cells and it is expressed in the compact portion of

essentially all myelinated fibers in the peripheral nervous system [31,36]. Grooms et al. [37] reported in an FMRI study of patients after Anterior Cruciate Ligament (ACL) injury, that the function of specific areas of the bilateral cortex of the patient’s brain changes, which significantly increases the possibility of injury to the ACL of the other limb, indicating that there is a certain relationship between the ligament injury

of lower limbs and the change of brain function. Actually, little structured evidence exists on the involvement of CNS in these CMT patients. There is a demand for expounding the underlying mechanism of how the motor cortex excitability affects neuromuscular function in CMT patients.

Based on the voxel-wise statistical analyses of fMRI activation during ankle dorsiflexion and plantarflexion, the results showed that the CMT patients clearly had a greater cortical representation than that one in healthy people, mainly including contralateral M1, SMA, TL. In addition, there were no statistically significant differences in the cortical activation during the fist clutching movement. Among these cortical areas, the primary motor cortex serves the purpose of executing neuromuscular control [38] and that SMA and PMA perform the function of advanced planning and preparation for voluntary movements [39]. Furthermore, the secondary sensory area extending to supramarginal gyrus, superior temporal gyrus, and rolandic operculum integrates visual, vestibular, and somatosensory information to navigate space and keep balance [40-42]. Hence, the different cortical representations can be attributed to the different functions of the two movements.

The M1 area is the cortical motor area, mainly located in precentral gyrus, which is to manage and control the random movement of the contralateral body [43,44]. In addition, ankle dorsiflexion and the resulting heel strike are necessary for the swing phase of erect bipedal gait and are unique to the human walking pattern [45]. The range of motion (ROM) of ankle, especially dorsiflexion and plantarflexion, is important in biomechanical function. Typical clinical characteristics of CMT are muscle atrophy, sensory malfunction, and foot deformity (pes cavum) due to peripheral neuropathy [30]. CMT patients often complain of the abnormal gait and even difficulty walking because of limited ankle movements. As the CMT patients currently activated more contralateral M1 area, one interpretation is that the more activation of M1 area may relate to the need of balance. What's more, the SMA is mainly involved in the motor-planning, preparation, starting and monitoring of complex motions [46,47]. SMA is associated with the anterior central gyrus, prefrontal cortex, basal ganglia, limbic system and inferior frontal gyrus [48,49]. Since the trapezoidal talus and ankle mortise is the best match when the ankle joint is dorsiflexed, the overall stiffness of the ankle joint is the highest, it could be regarded as a protective action during the gait [50]. And previous study has confirmed that when the talus moves 1 mm laterally, the contact area of the tibiotalar articulation decreases by 42% [51]. Therefore, the CMT patients with more cortical activation may facilitate the preparation for early ankle dorsiflexion during the GCP of the gait cycle, and then ankle joint is more prone to walk forward and keep balance in this state [52]. Dorsiflexion movement has the greatest impact during the heel strike of the gait cycle and navigation of the environment in bipedalism

[53]. Previous studies have demonstrated that the motor cortex appears to play an important role in gait modifications in response to obstacles [54,55]. Beloozerova and Sirota [56] reported that the cortical lesions in cats lead to inability of navigating obstacles such as repeated ladder rungs because they were unable to place their front foot accurately.

Another explanation is the coactivation of the Tibialis Anterior (TA) and Soleus (SOL). Even though the activation of antagonist was minimized by the paradigm we used, the possibility that an effort was made in the cortical level cannot be ruled out. Coactivation is a crucial feed forward strategy to increase the joint stiffness and impedance by reciprocal flexion-extension contractions in reaction to impaired ankle instability, which is accompanied by the enhanced corticomotor excitability [57-59]. Over time, the long-term accumulative effect of the changed strategies in gait led to the adaptive change of central nervous system. In brief, the larger activated extent in individuals with CMT during ankle dorsiflexion-plantarflexion paradigm was likely due to the functional reorganization of cerebral cortex, which might affect the motor control in turn.

Besides, the peak activation of contralateral PCG in CMT patients was significantly less than that one in control group. One interpretation of the less PCG activation during ankle dorsiflexion-plantarflexion paradigm in CMT patients is that the somatosensory information input decreased due to the existent of proprioception deficit. The appropriate neuromuscular control depends on the integration of the sensory inputs from peripheral structures and motor outputs from the central nervous system [60]. In this process, proprioception enables to perceive the body movement and position by the mechanoreceptors in supporting ligaments of ankle [61,62]. Previous study has reported the mechanisms for enhancing motor function with somatosensory stimulation, and suggests that network function cannot be thoroughly understood when weak ties are disregarded [63-65]. In CMT patients, the injured peripheral mechanoreceptors give rise to the differentiation and less sensory signal input to the central nervous system [62], causing the deactivation in this region. Therefore, the less activated PCG may interact with the less activated cortical motor areas, which may jointly lead to the occurrence and development of ankle instability, manifesting as 'feeling of instability' or 'giving away'.

This fMRI analysis also found that the ipsilateral TL in CMT patients also showed greater activation than that in healthy volunteers. These findings are consistent with previous literatures [20]. The TL was responsible for processing auditory information, also related to memory and emotion [66]. The hippocampal formation and parahippocampal gyrus in the medial temporal lobe are important parts of limbic system, which is involved in emotion and memory storage [67]. The hippocampus, in particular, demonstrates

Table 4: Significantly activated cerebral regions during ankle dorsiflexion-plantarflexion and fist clutching movements in CMT and control group (FWE corrected <0.05).

Regions	Side	BA/ subregion	Peak MNI coordinates			Volume (mm ³)	T
			x	y	z		
<i>Dorsiflexion-Plantarflexion-Control group</i>							
Medial frontal gyrus	L	BA8	-8	-38	66	2008	8.9
Paracentral lobule	L	BA5	-8	-20	76		8.1
SMA	L	BA6	-6	-4	64		8
Cerebellum anterior lobe	R	NA	2	-50	-6	446	8.6
Culmen	R	NA	18	-38	-24		8.3
Vermis	R	NA	4	-46	-18		6.2
Precentral gyrus	L	BA4	-46	0	12	294	6.5
Inferior frontal gyrus	L	BA10	-58	4	24		6.5
Insula	L	BA13	-56	10	6		4.9
Superior temporal gyrus	L	BA22	-46	-38	20	194	6.4
Inferior parietal lobule	L	BA40	-52	-26	24		5.8
Inferior frontal gyrus	R	BA44	54	10	12	232	6.3
Precentral gyrus	R	BA4	62	12	28		6
Middle frontal gyrus	R	BA9	54	4	46		5.8
Postcentral gyrus	R	BA3	58	-24	20	594	5.9
<i>Dorsiflexion-Plantarflexion-CMT group</i>							
Paracentral lobule	L	BA5	-6	-38	64	631	4.3
Medial frontal gyrus	L	BA8	-2	-24	64		3.7
SMA	L	BA6	-6	-34	76		2.3
Cerebellum anterior lobe	R	NA	20	-38	-24	329	4
Culmen	R	NA	4	-46	-18		3.7
Vermis	R	NA	4	-56	-2		2.4
Precentral gyrus	L	BA4	-58	8	28	102	3.4
Superior temporal gyrus	L	BA22	-46	-34	18	125	3
Inferior frontal gyrus	R	BA10	58	10	16	111	3
Cerebellum superior	R	NA	36	-54	-30	30	3
Superior temporal gyrus	L	BA22	-48	0	4	50	2.7
Postcentral gyrus	L	BA3	-64	-26	16	29	2.4
Inferior parietal lobule	R	BA40	54	-32	30	26	2.6
<i>Fist clutching-CMT group</i>							
Medial frontal gyrus	L	BA8	-2	-8	60	1798	7.5
Paracentral lobule	L	BA5	-4	-24	64		7.3
SMA	L/R	BA6	-6	-36	66		7.3
Cerebellum anterior lobe	R	NA	4	-50	-8	172	5.4
Superior temporal gyrus	L	BA22	-46	-32	20	115	4.2
Postcentral gyrus	R	BA3	56	-20	22	110	4.1
Inferior frontal gyrus	R	BA10	58	8	22	9	3.7
<i>Fist clutching-Control group</i>							
Medial frontal gyrus	L	BA8	-4	-8	60	852	6.5
Paracentral lobule	L	BA5	-4	-26	62		6
SMA	L	BA6	-10	-28	74		5
Cerebellum anterior lobe	R	NA	4	-50	-10	130	5.4
Inferior frontal gyrus	R	BA10	58	8	20	93	5.3
Insula	R	BA13	34	18	12	37	4.2
Precentral gyrus	R	BA4	46	4	8	42	3.7
Precentral gyrus	L	BA4	-56	4	16	12	3.6
Precentral gyrus	L	BA4	-46	-6	12	14	3.6

NA: not available; Non-relevant signal in ventricles or near areas of sinus drainage was not interpreted.

unique cellular and synaptic flexibility in the adult brain [68], with evidence of activity-dependent reorganization in both healthy volunteers and neuropsychiatric conditions [69,70]. Indeed, a slight cognitive impairment has been described in CMT patients, predominantly involving executive functions, working memory, and verbal episodic memory [71], with minor depressive symptoms [71,72], which might prompt neural plasticity in the hippocampus as a putative mechanism of compensation.

Furthermore, based on the results of the whole brain analysis during the fist clutching movement, there were no differences in activation across four ROIs. While CMT disease is among the most common peripheral neuropathies, the symptoms of lower limbs are more serious than those of upper limbs in clinical work, as well the degree of deformity. The flexibility and mobility of upper limbs in many CMT patients are not significantly affected. De Salvo et al. [73] assessed the sensory and the nociceptive pathways of CMT patient by using Laser-Evoked Potentials (LEPs) recording associated to fMRI examination. Moreover, fMRI examination, by using laser stimuli which were applied at dorsum of feet and hands, was performed. They observed that the patient showed cortical activations, during fMRI laser stimuli of upper limbs, similar to Healthy Controls (HC). Instead, during stimulations to lower limbs, the cluster of activations was smaller respect to HC and a mild variation of cortical pain side was found. This result was consistent with lighter symptoms in the upper limbs than in the lower limbs of CMT patients. Our findings further confirm this clinical phenomenon. Although there were no statistically significant differences in the cortical activation between the two groups regarding the fist clutching movement, further studies of larger sample size, longer follow-up time, and more precise mission designs are needed to explore the cortical activation patterns of hand movements in CMT patients.

Another remarkable finding was the correlation between the motor-related cortex activity and the functional deficits. In our study we found an inverse correlation between the number of significant voxels in the primary motor area and SMA and the handgrip strength, considered as a measure of distal arm functional damage. A significant positive correlation was found between the CMTNS score and the activated voxels of SMA. In other words, this study revealed that there was a certain relationship between the peripheral nerve pathology and central nervous system reorganization. Distal limb weakness and atrophy is the main clinical manifestations in CMT patients [74]. Therefore, greater peripheral nerve pathology might lead to smaller handgrip strength and a greater compensatory neuroplasticity effort by the CNS, which modulates the effect of axonal degeneration on functional impairment. In this regard, the fMRI measurement can reflect the neural function and severity of

symptoms of CMT patients. Hence, we speculate that brain function regulation may be involved in the pathogenesis of CMT disease, providing new insights into the mechanisms of CNS modifications associated to peripheral nerve pathology, and how these participate in the genesis of neurological dysfunction.

There were several limitations in this study. Firstly, the sample size was relatively small, reducing the power of test and probably making us miss undetected findings. Secondly, it was a cross-sectional study, preventing us from determining a casual interpretation. Thirdly, the ankle dorsiflexion-plantarflexion paradigm evaluated the cerebral activations only during the uniplanar and non-weight bearing ankle movement. Nevertheless, this paradigm is still the best option currently for this kind of fMRI studies because of its minimization of participant movements in the MRI scanner and resultant background noise [75]. In the study of lower extremity fMRI studies, especially when it comes to ankle movements, it is very important to use weight-bearing and multiplanar motions to simulate normal gait cycle in the future. In the following studies, the sample size will be enlarged and longitudinal investigations will be carried on. Moreover, the changes in task paradigms may correlate with more different brain functional outcomes, which would provide a more critical and comprehensive understanding to the CNS mechanism of CMT.

Conclusion

In conclusion, this study demonstrated the differences of cortical activation in CMT patients during ankle dorsiflexion-plantarflexion movement and its correlation with clinical severity. To the best of our knowledge, it is the first time to demonstrate statistically significant differences in cerebral activation between the CMT patients and healthy people by using task-state FMRI. These findings give further understanding of the potential mechanism in central nervous system underlying the peripheral nerve pathology in CMT patients, and lay the foundation for longitudinal research and further mechanism investigation. From a clinical perspective, interventions targeting the central nervous system changes are likely to be a new orientation in CMT management.

Ethics approval and consent to participate

The current study was conducted in accordance with the Declaration of Helsinki, and all study procedures were carried out with adequate understanding and written consent of the participants. Formal approval from the Huashan Hospital Institutional Review Board was obtained before study initiation.

Conflicts of Interest

The authors declare that they have no competing interests.

Authors' contributions

All authors were fully involved in the study and preparation of the manuscript. WZ contributed to the study design and preparation of manuscript. HC, YC, GX and SY contributed to the study design and data collection. MX, HJ, LH and WX contributed to statistical analysis.

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